

# Infant and Early Childhood Mental Health in Tennessee

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## DEFINING Infant and Early Childhood Mental Health

*"Infant and Early Childhood Mental Health is the developing capacity of the child from birth to age 3 to:*

- *experience, regulate, and express emotions*
- *form close and secure interpersonal relationships, and*
- *explore the environment and learn*

*All in the context of family, community, and cultural expectations for young children."*

ZERO TO THREE Infant Mental Health Task Force

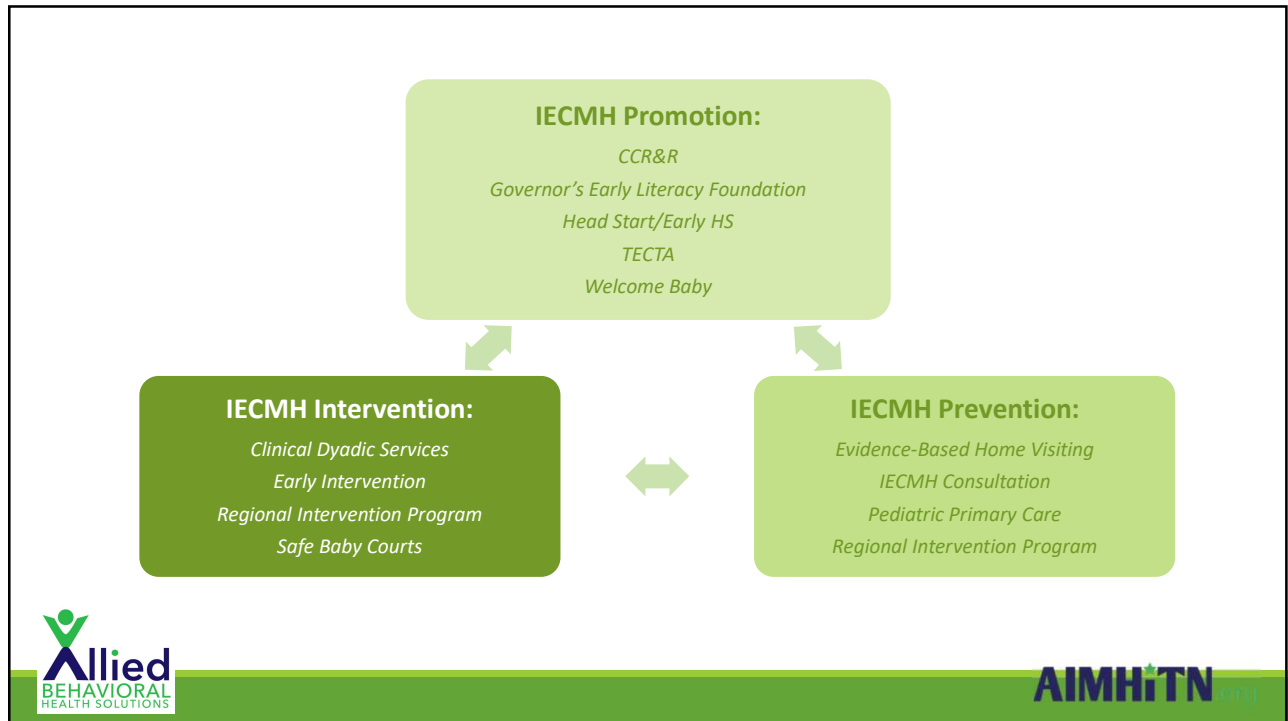
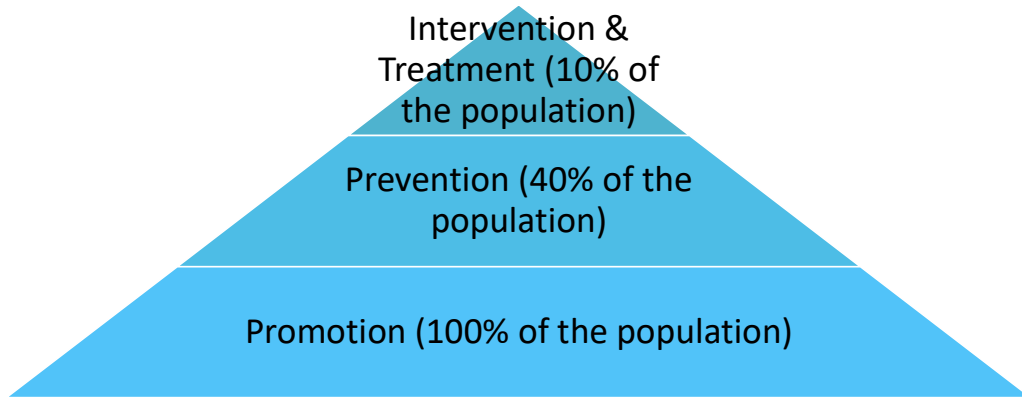


# The WHY of Infant & Early Childhood Mental Health

THE WHY:  
Infant & Early  
Childhood  
Mental Health



# IECMH Continuum - Among the Population



# What do Families and Providers Say?

Joe A.

Parent

Regional Intervention Program (RIP)



## Shirley D.

Early Childhood Educator  
TN Voices EC Programs



## Haneen A.

Parent  
Regional Intervention Program (RIP)



It was a great successful experience in every way. I benefited & enjoyed it. I was more able to enjoy more getting together and find it easier to communicate. My behaviors changed accordingly.

# Panelists

**APRIL SCOTT, MA,  
IMH-E®**

*INFANT & EARLY CHILDHOOD PROGRAM  
MANAGER  
CENTERSTONE*

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Jazmin Camacho

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